

	HT1	HT2	HT3	HT4	HT5	HT6
7	What is PD and why do we need to learn it in secondary school? - What is PD and why is respect important in school? - How can we stay safe in secondary school? - Why are rules important?	How can we protect our physical health and mental wellbeing? - How can we look after our dental health? What constitutes a healthy diet? - How can we self-care for common injuries? - How can we carry out first aid when things go seriously wrong? - What is mental health and how can we accurately describe emotions? - What are the common types of mental ill health? - How can we recognise early signs of mental wellbeing concerns and combat them? - Why is good quality sleep important?		What do respectful friendships and family relationships look like? - What are the characteristics of positive and healthy friendships? - What are the different types of families and family relationships? - Why are stable and committed relationships important and how can relationships change throughout major life events? - What are the characteristics of safe and unsafe family relationships? - What is physical abuse and domestic violence? - What is female genital mutilation? - What are the risks associated with child criminal exploitation and grooming?		How can we keep ourselves safe? - How can we ensure we are safe in public spaces? - How can we ensure we are safe when travelling independently?
8	How can relationships change as we get older? - How can peer influences (in person and online) affect us? - How can peer influences affect our health? - How can we establish boundaries and deal with things when they go wrong? - How can relationships and attractions change as we get older? - What is sexuality? What is gender?	What do respectful romantic relationships look like? - What do issues of consent, contraception and pregnancy look like in respectful relationships? - What constitutes sexual harassment? - What constitutes sexual abuse, coercion, grooming and exploitation?	How can we monitor and improve our physical health and mental wellbeing? - How can we treat common injuries or carry out first aid when things go wrong? - How can we make responsible decisions about our health and accessing healthcare? - What emotions are normal? What are the common types of mental ill health? - How can time online affect mental health? - How are life and relationships online different from life and relationships offline? - What are the benefits of physical activity, sleep and time outdoors for mental wellbeing? - What are the benefits of community participation, volunteering and acts of kindness for mental wellbeing?		What do respectful relationships look like with people who may be different? - Why are democracy and freedom important in the UK? - What are our precious liberties in the UK and how are they protected? - What is stereotyping and discrimination? How does the Equality Act 2010 protect society? - How can racism and homophobia affect individuals? - How can we be respectful to people with disabilities?	
9	What do respectful sexual relationships look like? - How do the rule of law and the justice system work? - What happens when young people break the law? - What is consent and what are the consequences of entering a sexual relationship too early? - What constitutes sexual harassment? - What is the law and associated risks relating to youth-produced and youth-involved sexual imagery? What may financially motivated sexual extortion look like? - How do the media and sexually explicit material affect our perceptions of sexual relationships?		Why are sexual health and contraception important? - How can we make informed choices about contraception and sexual health? - What are the options available for unintended pregnancies? - What are the risks and laws surrounding FGM, virginity testing and hymenoplasty?	How can we manage money, finances and the risk of online exploitation? - What are the functions and uses of money? How do we budget and manage risk? - What risks are associated with online fraud? - How is data generated, collected, shared and used online? - How is online content targeted?	How can online behaviour influence our future? - How can radicalisation and extremism influence people and society? - How do filter bubbles work? - How can signs of sexism and misogyny be recognised and tackled? - How can online influences shape our attitudes and beliefs? - How can we protect ourselves from illegal content? - Why is it important to present a consistent version of ourselves online and offline? What risks are associated with online behaviour such as live streaming?	

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10	What is risky behaviour and how can it be harmful? • How does the UK legal system work? • What does the law say about the possession and supply of illegal drugs and the purchase and supply of alcohol? • What risky behaviours are associated with alcohol use and how can they affect sexual health and pregnancy?	What factors affect reproductive health and routes to parenthood? • How can endometriosis, polycystic ovary syndrome and heavy menstrual bleeding affect gynaecological health? • What is fertility and how can it change? What different routes to parenthood exist? • What does successful parenting look like?	What do respectful sexual relationships look like? • What is sextortion and how can the risks be identified? • What choices can we make about sexual relationships? • How can we recognise healthy and unhealthy behaviours online? • What is coercive control and sexual coercion? • What is the law on marriage and forced marriage? • What may fixated and obsessive behaviours look like?		How can understanding the risks of certain substances help us make safer choices? • What risks are associated with illegal drugs and misuse of prescribed medicines? • What risks are associated with alcohol consumption? • What risks are associated with tobacco and vaping? How can some of these risks be prevented?	Is killing ever justified? • What are our human rights and how does international law work? • Can ending a life be an act of love and compassion? • What are the religious and non-religious views about euthanasia and assisted suicide? • What do different religions teach about war and weapons of mass destruction? • Is war ever justified?
11	How does the political system and government work in the UK? • What power does the government hold and what is the role of citizens in holding the government to account in issues such as public money? • What are the UK's electoral systems and what other forms of government exist? • What is the UK's political relationship like with the rest of the world?	What risks may we encounter online? • What may disinformation, misinformation, hoaxes and 'deepfakes' look like? • What may financially motivated sexual extortion look like?	How can we manage our finances as young adults? • Why are insurance, savings and pensions important? • What are the risks of online gambling? • What are the uses and risks of loans, credit cards and overdrafts? • How do renting and taking out a mortgage on a property work?	What is the impact of discrimination? • How diverse are national, regional, religious and ethnic identities in the UK and why is mutual respect and understanding important? • What are hate crimes and how can hate crimes and discrimination affect individuals?	How relevant is religion today? • How do different religions view the LGBTQ+ community? • What role does religion play in the LGBTQ+ community? • How does religion 'work' in the Western world? • Is there conflict between the modern world and religion?	What might our further education look like? • Are we well prepared for further education and the world of work?